Subject: Use of Time Out Rooms

Except as provided pursuant to 8 New York Code of Rules and Regulations (NYCRR) Section 200.22(c) as referenced below, the School District shall not employ the use of time out rooms as a means of regulating student behavior.

Pursuant to Commissioner’s Regulations, a time out room is defined “as an area for a student to safely deescalate, regain control and prepare to meet expectations to return to his/her education program.” If a time out room is to be used, it must be used in conjunction with a behavioral intervention plan (that is designed to teach and reinforce alternative appropriate behaviors) in which a student is removed to a supervised area in order to facilitate self-control or when it is necessary to remove a student from a potentially dangerous situation and for unanticipated situations that pose an immediate concern for the physical safety of a student or others.

The District has adopted and implemented the following policy and procedures governing school use of time out rooms as part of its behavior management approach consistent with Commissioner’s Regulations, including the physical and monitoring requirements, parental rights and individualized education program (IEP) requirements for students with disabilities.

At a minimum, the use of time out rooms shall be governed by the following rules and standards:

(a) The District prohibits placing a student in a locked room or space or in a room where the student cannot be continuously observed and supervised. The time out room shall be unlocked and the door must be able to be opened from the inside. The use of locked rooms or spaces for purposes of time out or emergency interventions is prohibited.

Staff shall continuously monitor the student in a time out room. The staff must be able to see and hear the student at all times.

Under no circumstances shall a time out room in a school program be used for seclusion of the student, where the term “seclusion” is interpreted to mean placing a student in a locked room or space or in a room where the student is not continuously observed and supervised.
Subject: Use of Time Out Rooms (Continued)

(b) Factors which may precipitate the use of the time out room:

- Student fails to respond to less severe interventions (behavior that cannot be controlled through interventions short of isolation in the designated time out room)
- Behavior that is severely disruptive
- Dangerous behavior that presents a risk of injury or harm to that student or to others
- Behavior that is dangerous or presents a risk of significant property damage.

The designated time out room shall not be used for punitive purposes, for staff convenience or to control minor misbehavior.

(c) Time limitations for the use of the time out room:

A student should remain in the designated time out room only for the time necessary for the student to compose him/herself sufficiently to return to the classroom with minimal risk that the behavior will quickly reoccur, in the opinion of school staff monitoring the intervention.

School staff shall not keep a student in the designated time out room for more than one hour. If the student continues to present dangerous behaviors after this period of time, the placement in that room may be continued only with written authorization of the building principal or designee. In that event, the student’s parent/guardian should also be called for the purpose of taking the student home for the remainder of that school day.

If, at any point during the student’s stay in the designated time out room, the building principal or his/her designee believes that the student cannot be maintained safely even in that setting, the building principal/designee shall call the student’s parent/guardian to come pick up the student, and may also call other emergency personnel for the purpose of taking custody of the student and ensuring the student’s safety.
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Further, a student’s IEP shall specify when a behavioral intervention plan includes the use of a time out room for a student with a disability, including the maximum amount of time a student will need to be in a time out room as a behavioral consequence as determined on an individual basis in consideration of the student’s age and individual needs.

School administration or other personnel shall be notified in the event a student is placed in a time out room for excessive amounts of time; and such information shall be considered when determining the effectiveness of the student’s behavioral intervention plan and the use of the time out room for the student. Whether the student requires a debriefing following the use of a time out room shall be left to the staff knowledgeable about the individual student.

(d) Staff training on the policies and procedures related to the use of time out rooms shall include, but not be limited to, the following measures:

1. The Director of Special Education shall be responsible to the Superintendent for establishing administrative practices and procedures for training all District personnel responsible for carrying out the provisions of Commissioner’s Regulations relating to the use of time out rooms, including members of the Committee on Special Education (CSE) and Committee on Preschool Special Education (CPSE).

2. Specific Training Activities and Programs:
   Staff members working with students who have the use of the time out room as part of a behavior intervention plan will:
   - Receive full training in the policy and procedures for the use of a time out room.
   - Participate in work sessions to review each student’s Behavior Intervention Plan and receive specific instruction in the implementation of the plan. The work sessions will include teachers, teaching assistants, monitors, building administrators and the Director of Pupil Personnel Services.
   - Participate in appropriate behavior intervention training that may include: Strategies for Crisis Intervention and Prevention, Life Space Crisis Intervention, Behavioral First Aid, Understanding & Dealing with Challenging Students and Therapeutic Restraints.
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(e) Data collection to monitor the effectiveness of the use of time out rooms:
The District shall establish and implement procedures to document the use of time out rooms, including information to monitor the effectiveness of the use of the time out room to decrease specified behaviors. Such data would be subject to review by the State Education Department (SED) upon request.

   Such data collection should appropriately include, but is not limited to, the following information:
   1. A record for each student showing the date and time of each use of the time out room;
   2. A detailed account of the antecedent conditions/specific behavior that led to the use of the time out room;
   3. The amount of time that the student was in the time out room; and
   4. Information to monitor the effectiveness of the use of the time out room to decrease specified behaviors which resulted in the student being placed in the room.

(f) Information to be provided to parents.
The School District shall inform the student’s parents prior to the initiation of a behavioral intervention plan that will incorporate the use of a time out room for a student, and shall give the parent the opportunity to see the physical space that will be used as a time out room and provide the parent with a copy of the school’s policy on the use of time out rooms.

   Additionally, parents should be notified if their child was placed in a time out room. Minimally, whenever a time out room is used as an emergency intervention pursuant to Commissioner’s Regulations Section 200.22(d), the parent shall be notified of the emergency intervention. Such notification will be provided the same day whenever possible.

   The parent is a member of the CSE and the use of a time out room must be included on the student’s IEP. The parent receives prior notice as to the recommendations on a student’s IEP and may request due process in the event the parent does not agree with the CSE recommendations.
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Parent reports of alleged inappropriate interventions used in a time out room should be directed to school administrators.

Physical Space Used as a Time Out Room
The physical space used as a time out room must meet certain standards.
(a) The room shall provide a means for continuous visual and auditory monitoring of the student.
(b) The room shall be of adequate width, length and height to allow the student to move about and recline comfortably.
(c) Wall and floor coverings should be designed to prevent injury to the student, and there shall be adequate lighting and ventilation.
(d) The temperature of the room shall be within the normal comfort range and consistent with the rest of the building.
(e) The room shall be clean and free of objects and fixtures that could be potentially dangerous to a student and shall meet all local fire and safety codes.

Education Law Sections 207, 210, 305, 4401, 4402, 4403, 4410
8 NYCRR Sections 19.5, 200.1, 200.4, 200.7, 200.22, 201.2

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