COURSES ACCEPTED AS MEETING
THE COACHES FIRST AID AND CPR/AED REQUIREMENT
AUGUST 2016 (Update)– REVISED 9/7/2016

FIRST AID – All cards and/or certificates must be renewed per certifying agency requirements. No fully online courses are accepted. All courses must include hands-on learning. Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

1. **NYS Education Department** approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) [http://www.p12.nysed.gov/ciai/pe/coaching.html] - click on Toolkit, then on Approved Coaching Courses.

2. **American Red Cross**
   - Responding to Emergencies First Aid
   - Responding to Emergencies Comprehensive First Aid
   - Responding to Emergencies Adult and Child First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
   - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
   - Emergency Medical Response
   - Lifeguards
   - Shallow Water Lifeguards
   - Water Attraction Lifeguards
   - Lifeguarding/First Aid/CPR/AED
   - Lifeguarding/First Aid
   - Waterfront Lifeguards

3. **American Safety & Health Institute (ASHI)**
   - Advanced First Aid

4. **Emergency Care & Safety Institute (ECSI)**
   - First Aid, CPR and AED
   - Wilderness First Aid
   - Sports First Aid and Injury Prevention

5. **National Safety Council (NSC)**
   - Advanced First Aid, CPR and AED

6. **NYS Department of Health (DOH) – Bureau of Emergency Medical Services**
   - Certified First Responder

ADULT CARDIOPULMONARY RESUSCITATION (CPR)—All cards and/or certificates must be renewed per certifying agency requirements. No online courses are accepted (must be renewed every 2 years to be valid. [www.emsc.nysed.gov/ciai/physed.html] click on Toolkit, then on Approved Coaching Courses)

1. **NYS Education Department** approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial, 1.5 hours update (must be renewed every 2 years to be valid. [www.emsc.nysed.gov/ciai/physed.html] click on Toolkit, then on Approved Coaching Courses)

2. **American Heart Association Courses (AHA)**
   - Advanced Cardiac Life Support (ACLS)
   - Basic Life Support for Health Care Providers (BLS Provider)
   - Heartsaver CPR/AED
   - Heartsaver First Aid/CPR/AED

3. **American Red Cross Courses**
   - Basic Life Support for Health Care Providers (BLS)
   - CPR/AED for Professional Rescuers and Health Care Providers
   - CPR/AED for Professionals
   - Adult CPR/AED (for high school level coaches only)
   - Adult & Child CPR/AED
   - CPR/AED for the Professional Rescuer
   - Lifeguarding
   - Lifeguarding/First Aid/CPR/AED
   - Waterfront Lifeguarding
   - Shallow Water Lifeguarding
   - Water Attraction Lifeguarding
   - Emergency Medical Response
   - Responding to Emergencies Comprehensive First Aid/CPR/AED
   - Responding to Emergencies Adult and Child First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
   - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
   - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training

4. **American Safety & Health Institute (ASHI)**
   - Adult CPR/AED (for high school coaches only)

5. **Emergency Care & Safety Institute (ECSI)**
   - First Aid, CPR and AED
   - Sports First Aid & Injury Prevention – NYS Coaches
   - Health Care Provider CPR & AED

6. **National Safety Council (NSC)**
   - Adult and Child CPR & AED
   - Adult, Child and Infant CPR/AED
   - Advanced First Aid, CPR & AED
   - BLS Healthcare and Professional Provider

7. **NYS Department of Health (DOH), Bureau of Emergency Medical Services**
   - Certified First Responder

SED does not require the following to show separate certification in First Aid to coach, however a valid CPR certificate will be required.
- All Nurses (RN, LPN, NP)
- Physician – Physician Assistant (MD, DO)
- Certified Emergency Medical Technicians (EMT) and Paramedics
- Certified Athletic Training
- Fire and Police Officers (full time)
- Dentists – includes Oral and Maxillofacial surgeons
- Physical Therapist
- Optometrists

For further clarification on other specific first Aid/CPR/AED certifications not listed, please contact the Associate in Physical Education at 518-474-5922.