

The Marauder

May 2019

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From the Principal...

Dear Parents:

The warm weather is finally upon us and along with that a number of things change with our students. The skateboards and bicycles have come back out. Also an increased number of students are walking to and from school.

The school district presently allows bicycles and skateboards to be ridden to and from school but ask that students adhere to certain safety standards. Students under 14 years old need to wear helmets at all times and all students need to stay off the steps and the loading dock. The steps are a particular concern, not only for how dangerous they are to ride down, but the concrete and marble can wear down. We repointed the front steps a few years ago and the side steps need to be replaced at an extensive cost. We are also asking that skateboarders stay out of the road as well for safety reasons.

Being in the center of town we realize the Middle School building is an accessible and safe place to be with friends. At times there are large groups of students around the building, after hours, waiting for rides or hanging out with friends. We want to remind parents and students that the end of the school day at the Middle School is 2:55 pm and we ask that informal activities on school grounds take place after that time. As parents, please be aware that we cannot directly supervise these groups after hours and ask that you check in with your child.

Please remind your children to stay focused on their schoolwork through the end of the academic year. There is a number of end-of-the-year activities planned for the students.

We sincerely want our school to be a place where the youth in the community want to be. With your support we will assure that it will always be safe and enjoyable.

Sincerely,

John E. Fulmer, Principal
Williamson Middle School



Like us on facebook at

www.facebook.com/williamsoncentral



the difference
I can make.

Greetings from the Assistant Principal:

We live in an exciting time. The digital age allows us access to information in ways never thought possible even 30 years ago. Technology has improved our lives and ability to communicate around the world. Technology has expanded our students' educational horizons.

However, we do need to acknowledge that the brains of our young people are growing and developing. Growing research has indicated that exposing young children to too much time in front of a screen, such as a TV or a computer, can have a negative impact. There appears to be a correlation between increased screen time and decreased communication skills, problem solving and social interaction over time. Monitoring how much time a child spends in front of a screen during the day is crucial to brain development. As parents and educators, it is important to expose our children and students to a variety of experiences that do not always involve a screen.

As the weather improves, ensure that your child spends time outdoors. Children benefit physically and psychologically from outdoor play. Free play encourages coordination and problem solving skills. Taking a walk with your child is a positive way to connect and realize the benefits of exercise. It can recharge your batteries and your spirits. It is important to disconnect from the constant distraction of technology. Continue to encourage your child to explore interests beyond computer based interaction.

As always, if you have any questions do not hesitate to email or call at (315) 589-9665.

Kathryn Taylor
Middle School Assistant Principal

Coming Soon! Williamson
After School Program
through the YMCA!
Check out the enclosed flyer!

the



Order Your YEARBOOK



We are still taking orders for yearbooks. You can find the order form within this newsletter or in the main office.

From the Middle School Health Office:

As the weather warms up and we enter the last couple months of this school year, it is time to start planning for the next school year. Below is a chart that identifies health requirements for school attendance by grade. Please check your records and make an appointment with your physician if needed. Many doctors book physical appointments 3 months out, so don't wait till the last minute.

5 th grade	Up to date immunizations, Physical dated on or after 9/4/18
6 th grade	Up to date immunizations including a Tdap immunization (age 11)
7 th grade	Up to date immunizations including Meningococcal immunization, Athlete students need a physical dated on or after 9/4/18 or within 12 months of sport season start date.
8 th grade	Up to date immunizations, Athlete Students need a physical dated on or after 9/4/18 or within 12 months of sport season start date.

Modified Sport Seasons (Grades 7 & 8)

Fall:	Boys and Girls Cross Country – August Boys and Girls Soccer - first day of school Girls Volleyball – first day of school Girls Tennis – first day of school
Early Winter:	Swimming (Sodus) – October Boys Basketball – October
Late Winter:	Wrestling – January Girls Basketball - January
Spring:	Boys Tennis – March Boys and Girls Track and Field - March Boys Baseball – March Girls Softball - March

Please contact me with any questions.

Thank you,

Jessica Shaver RN, BSN
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F: 315-589-8314
4184 Miller Street
PO Box 900
Williamson, NY 14589
jshaver@williamsoncentral.org





May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
				NYS Math Testing		
5	6 <i>BPT Mtg @ 2:20 pm</i>	7	8 <i>BOE Meeting @ 6:30 pm</i>	9	10	11
12	13	14	15	16	17 <i>End of 35 Weeks</i>	18
19	20	21 <i>District Budget Vote 1—8 pm</i>	22	23 <i>Interims Mailed</i>	24 <i>Superintendent's Conference Day NO SCHOOL!</i>	25
26	27 <i>Memorial Day NO SCHOOL!</i>	28	29 <i>BOE Meeting @ 6:30 pm</i>	30	31	

Meal Charging is a courtesy & must be repaid!

NO CHARGING: 2nd lunches or snack items

Please check your account balance. Online at MySchoolBucks.com or with any cashier.

Menu Subject to Change



**Williamson Middle School
Lunch: \$2.20 Milk: \$.50
MAY 2019 MENU**

Offered Daily:
Fruit & Yogurt Parfait
w/cheese stick

Made To Order:
Salads , Wraps and
PB&J Sandwich
Breakfast Avail. 7:15-7:30 (\$1.60)

All Lunch choices include milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Free/Reduced lunch applications are available online or from any building, and may be submitted throughout the year. Questions: Please call Mrs. Patrzalek at 589-9621 x6.</p> <p>Looking for part-time employment - perfect hours with children in school.</p> <p>This institution is an equal opportunity provider and employer.</p>	<p><u>Lunch menus and nutritional information</u> is posted online at: www.williamsoncentral.org</p> <p>You may <u>send in</u> payments or pay online by enrolling at www.myschoolbucks.com</p> <p><u>Low/negative balances</u> will be emailed regularly. Please pay promptly</p>	<p>Choose One 1 Mac-n-Cheese w/Ham & Roll Hotdog on WG Bun</p> <p>NO WRAPS TODAY</p> <p>Sides: Steamed Broccoli Tossed Salad Peaches Fresh Fruit</p>	<p>Choose One: 2 Calzone w/Pepperoni & Cheese Hamburger on WG Bun NO WRAPS TODAY</p> <p>Sides Carrots Tossed Salad Peaches & Fresh Fruit</p>	<p>Choose One: 3 Bread Sticks w/Sauce Toasted Cheese Sandwich School Lunch Hero Day! Sides Tomato Soup w/ Crackers Green Beans Tossed Salad Assorted Fruit</p>
<p>Choose One: 6 Chicken Nuggets w/WG Roll Salisbury Steak w/ WG Rolls NO WRAPS TODAY</p> <p>Sides Mashed Potatoes Green Peas Assorted Cupped & Fresh Fruit</p>	<p>Choose One: 7 Cheesy Burger/Bun Hotdog on WG Bun</p> <p>Sides French Fries Baked Beans Lettuce/Tomato Peaches Fresh Fruit</p>	<p>Choose One: 8 Sausage Marauder Muffin Hamburger on WG Bun</p> <p>Sides Potato Rounds Corn Tossed Salad Assorted Fruit</p>	<p>Choose One: 9 Lasagna Roll w/Sauce, roll and 2 meatballs BBQ Pork Sliders</p> <p>Sides Steamed Broccoli Tossed Salad Applesauce Fresh Fruit</p>	<p>Choose One: 10 Crispy Fish on Wheat Bun Chz or Pep/Chz Pizza Slice Toasted Cheese Sandwich Sides Tomato Soup Coleslaw Carrot, steamed or raw sticks Tossed Salad Assorted Fruit</p>
<p>Choose One: 13 Max Sticks w/ Sauce (cheese filled bread sticks) Hot Meatball Sub Sides Tossed Salad Green Beans Peaches Fresh Fruit</p>	<p>Choose One: 14 Taco Salad on soft shell/chips Hotdog on WG Bun NO WRAPS TODAY</p> <p>Sides Brown Rice Seasoned Black Beans Lettuce & Tomatoes Applesauce Fresh Fruit</p>	<p>Choose One: 15 Chicken Patty on Bun (Hot & Spicy or Plain) BBQ Pulled Pork Sliders</p> <p>NO WRAPS TODAY</p> <p>Sides Lettuce/ Tomatoes Sweet Potato Fries Pears &/or Fresh Fruit</p>	<p>Choose One: 16 Teriyaki or Sweet/Sour Chicken w/egg roll, WG roll & fortune cookie Hamburger on a WG Bun Sides Brown Rice Broccoli Cuts (fresh/steamed) Tossed Salad Assorted Fruit</p>	<p>Choose One: 17 Toasted Cheese Sandwich Pepperoni Pizza Cheese Pizza Sides Tomato Soup/Crackers Corn Tossed Salad Assorted Fruit</p>
<p>Choose One: 20 Bread Sticks w/ Sauce Corn Dog on a stick</p> <p>Sides Green Peas Baked Beans Pears Fresh Fruit</p>	<p>Choose One: 21 Chicken Tenders , Waffles & syrup Hamburger on WG Bun NO WRAPS TODAY</p> <p>Sides: Potato Rounds Corn Ass't'd Fruit</p>	<p>Choose One 22 Nacho Chips w/cheese sauce Hotdog on WG bun NO WRAPS TODAY</p> <p>Sides Chili w/cracker pkt Broccoli Salad Ass't'd Fruit</p>	<p>Choose One: 23 Mark's Pizza Toasted Cheese Sandwich NO WRAPS TODAY</p> <p>Sides: Tomato Soup/Crackers Green Beans Tossed Salad Assorted Fruit</p>	<p>NO SCHOOL Memorial Day</p>
<p>NO SCHOOL Memorial Day</p>	<p>Choose One: 27 Mozzarella Sticks w/Sauce & Wheat Roll Sloppy Joe on a WG Bun Sides BBQ Pinto Beans Broccoli Ass't'd Cupped Fruit Fresh Fruit</p>	<p>Choose One 29 Mini Pancakes w/ Syrup & Sausage Patties Hot Dog on Bun NO WRAPS TODAY</p> <p>Sides Hash Brown Patty Tossed Salad Fresh Fruit Motts Juice Box</p>	<p>Choose One: 30 Cheeseburger on WG Bun Hot Ham & Chz/Pretzel Roll</p> <p>Sides: Carrots French Fries Lettuce/Tomato Mixed Fruit Cup and Fresh Fruit</p>	<p>Choose One: 31 Toasted Cheese Sandwich Assorted Pizza Slices</p> <p>Sides Tomato Soup/Crackers Steamed Corn Tossed Salad Assorted Fruit</p>

Order by _____

Visit www.jostens.com to order online with a credit card or Paypal.

Order soon to guarantee a 2019 Williamson Middle School yearbook.

STEP 1 ENTER YOUR INFORMATION

Student Name: _____

Contact Email: _____

Contact Phone: _____

Homeroom: _____ ID#: _____ Grade: _____

STEP 2 SELECT ONE OF THE OPTIONS BELOW

BASIC
Yearbook only
\$32.00

STEP 3 TOTAL YOUR ORDER

	Price	Total
Enter Your Package Price		
Subtotal		
Tax	8%	
TOTAL		

Williamson Central PTSA News

Visit us on Facebook at
www.facebook.com/WilliamsonCSDPTSA
OR click Community and select PTSA at
www.williamsoncentral.org.

GET INVOLVED!

NEXT MEETING

Our next meeting is **Tuesday, May 14, at 6:30 p.m.** in the Elem School library. We will hold our annual election for officers, review coverage for spring concerts, and discuss June events.

WHO DOESN'T LOVE COOKIES??

Come volunteer at the most popular table at spring concerts—the cookie table! If you have a couple of hours to spare, help us treat our talented performers (dates listed to the right plus Tues, 6/12). E-mail any officer if you can help (contact info below).

PTSA OFFICER ELECTIONS

The PTSA will hold our annual elections at the May meeting, and we are in need of a nominee for the positions of President and Vice President.

LET THEM PLAY OUTSIDE!

The Elementary School has gone to great efforts to amass a collection of winter clothes for students to borrow if they have forgotten gear to keep them cozy while they enjoy some much-needed free time in the fresh air. We need a parent coordinator to arrange for these clothes to be washed a few times through the winter season. This coordinator will send out requests for helpers to take the clothes home for washing then return them to the Elementary School. Please contact Jeannie Petrosky (jeanniemarie10@yahoo.com) or any officer (contact info below) if you're able to help keep ALL of our students playing outside!



REACH OUT TO US!

Co-President: **Kristin Adams-Wangler**
(krose1003@gmail.com)
Co-President: **Elissa Portela**
(elissa.c.portela@gmail.com)
Vice-President: **Caitlin Beardsley**
(caitlinschroeder@gmail.com)
Treasurer: **Stephen Adams**
(stephen.adams913@gmail.com)
Secretary: **Jen Manahan**
(jmanahan@williamsoncentral.org)

UPCOMING EVENTS

May 6 to 10 Teacher Appreciation Week
May 14 PTSA meeting @ 6:30 in the Elem Library
May 21 5th/6th Grade Spring Concert
May 24 & 27 Memorial Day Weekend
(no school for students)

HOW CAN YOU HELP?

Interested in keeping up on PTSA happenings?
Check our facebook page
(www.facebook.com/WilliamsonCSDPTSA) or e-mail any officer (contact info below).

BOX TOPS

Keep sending in those BoxTops labels!
Help our schools reach savings goals for new equipment that benefits ALL of our schools and students.



MEMBERSHIP

Memberships/renewals are always welcome!
Submit your family's form at a meeting, turn it in to any officer, or drop it in the mail. Becoming a member is a very simple and quick way to support programming for our students!
Download the PTSA Brochure 2018-2019 from the PTSA page on the district website (click Community > PTSA at www.williamsoncentral.org).



BASEBALL/SOFTBALL

OPENING DAY!

Williamson Town Park
Sunday, May 5
12pm-2pm

The WRC would like to invite all *registered participants* and their *families and friends* for a day of fun! RSVP through team coach is **REQUIRED** for this event.

Our Opening Day events include:

- 🍷 Team shirt pick up
- 🍷 Equipment Swap (bring your oldies but goodies!)
- 🍷 Team photos
- 🍷 MLB Pitch, Hit & Run Contest
- 🍷 Hot dogs and hamburgers for everyone – Hosted by Dan & Jason from Mark's Pizzeria!

Come on in!

WRC MOBILE OFFICE HOURS
Town PARK at Green Rec Building
Saturdays 10:30AM – 12:00PM

- ✓ Stop in for help with *registration*
- ✓ *Make payments:* cash, check, credit
- ✓ To create a WRC *online account*
- ✓ Find out what's *NEW!*

To help us spread the news about our events, look up program information and to stay on top of the new programs we are super excited to be rolling out, join our *email list* and *link us* to your FACEBOOK account!

www.williamsonrec.org



United Way Our Donor Designation Agency number is 3344. Your tax-deductible donations can be made through the United Way website or through your paycheck. Thank you to all those who have already signed up to contribute to the Williamson Recreation Committee, Inc.!

MAIN STREET MILE

APPLE BLOSSOM

Main Street, Williamson
Sunday, May 19th

Cost: \$2 per child * **Pre-Register On-line!**

TIMES:

11:30am-12:15pm	Registration / Bib Pick-up
12:15pm	Warm-up
12:30pm	Race Begins
1:15pm	Results & Awards

PLEASE NOTE:

- ✓ Registrations are available online at williamsonrec.org Click on **Registration Tab**, then the link to view our online catalog. Register and then pay on day of race! No waiting in line on day of race. Just pick up bib(s) and get ready to race!
- ✓ All runners will receive a finisher ribbon, and a trophy will be awarded to 1st place overall boy and girl.
- ✓ 100% of proceeds benefit the Scholarship Fund
- ✓ Participants, family, and friends of participants, **when race is done, please refrain from crowding around the Placement Board.** You are ALL asked to wait until the announcement is made that times are ready for viewing. NO EXCEPTIONS.

QUESTIONS: Please contact Melisa Blankenberg at mblanks827@gmail.com

UPCOMING SUMMER PROGRAMS:

Check out our web site for more information!

SUMMER SOCCER: Registration open NOW thru **June 1st**. MUST register online!



OTHER SUMMER PROGRAMS

Registration for these programs OPENS June 1st!

The last week of June:
Co-ed Basketball Clinic



Early July:
Co-ed Tennis Clinic
American Sign Language



Late July:
Co-ed Volleyball Clinic
Girls' Soccer Clinic

YMCA OF GREATER ROCHESTER

WILLIAMSON BEFORE AND AFTER SCHOOL PROGRAM

SCHOOL LOCATIONS

Elementary School
Before and After Care Available

Middle School
After Care Available*

OPENING SEPTEMBER 2019!

Registration Open



* Students 13 years and up are not eligible for this middle school program, due to NYS OCFS regulations

PM Weekly Rates for Members

1-2 Days	\$ 51.00
3 Days	\$ 64.00
5 Days	\$ 85.00

AM Weekly Rates for Members

1-2 Days	\$ 27.00
3 Days	\$ 33.00
5 Days	\$ 44.00

YMCA memberships start at \$32/month. Financial Assistance is available. We can help parents enroll for Wayne County DSS subsidy funding.

Our program is a fully licensed child care provider.

PROGRAM BENEFITS INCLUDE

1. Safe, secure environment conveniently located at your school.
2. Positive adult role models who support a healthy environment by providing a healthy breakfast and snack each day.
3. Students will build social skills and friendships through active play, STEM projects, character development programming.

CONTACT US:

585-341-4010
ROCBASP@rochesterymca.org
rochesterYMCA.org

The YMCA of Greater Rochester is a charitable association of members that seeks to place Christian principles into practice through its programs for the community to build a healthy spirit, mind, and body for all. Financial Assistance is available.

Middle Years

Working Together for School Success



Short Stops

Prepare for exams

Your tween will remember more information if he studies for finals over a longer period of time rather than cramming. Suggest that he create a study schedule and stick to it. He could also join a study group to stay on track.

Words inspire confidence

The way your middle grader talks about herself can affect her self-esteem. If you hear her make a negative statement like "I can't do this" or "I'm just not good at this," have her turn it into a positive one. Examples: "I'll try" or "I'm working on it." Then, set an example by doing the same for yourself!

A first aid kit

Ask your child to make a home first aid kit. He can fill a container with bandages, gauze, adhesive tape, and antiseptic wipes. Show him how to use the supplies so he learns what to do if he or someone else is injured. Encourage him to put the kit where family members can find it easily, perhaps in the hall closet.

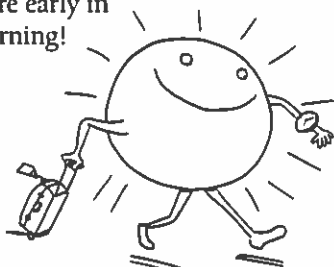
Worth quoting

"The cure for boredom is curiosity. There is no cure for curiosity."
Dorothy Parker

Just for fun

Teacher: How fast does light travel?

Student: I don't know, but it sure gets here early in the morning!



Keep your brain in gear

When the school year ends, the learning doesn't have to. Keep your tween's mind active all summer long with ideas like these.

Take up a hobby

A hobby gives your child a meaningful way to spend time while she practices various skills. For example, knitting requires math and attention to detail. And chess promotes strategic thinking and patience. She could take a community center class or watch how-to videos. Then, suggest that she set a goal like knitting a scarf or beating you at chess before summer ends!

Explore the community

Visiting new places will build your tween's general knowledge. You might tour a museum or hike in a state park, for instance. During your adventures, encourage her to ask a docent or ranger

questions or to read signs to learn about the exhibits or wildlife.

Look ahead to fall

Your child can get a head start on a subject she'll study in school next year. For example, if she'll take Spanish, she could download a free app to begin learning greetings and other phrases. Or if she signed up for engineering, she might look online for projects to try like designing a water bottle rocket or a solar panel. 👍



Summer routines

Setting up a routine can add structure to your child's summer on days when he's home. Try these tips.

■ **Eating.** Plan regular family meals to stay connected with your middle grader. Also, have him help you stock healthy snacks and lunches he can prepare on his own if you're not home.

■ **Sleeping.** Getting enough sleep is important for good health year-round. Set a reasonable bedtime, and have your tween get up by a set time. This is especially important toward the end of summer so he'll be ready to return to his school schedule.

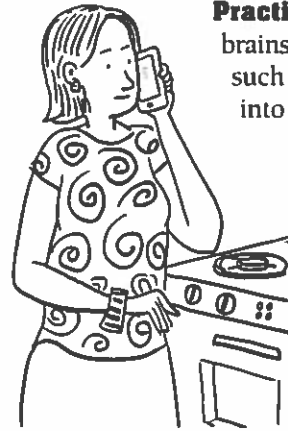
■ **Chores.** Keep your child in the routine of having regular responsibilities. You might give him a list of jobs for the week (laundry, vacuuming) and let him decide which day he'll do each task. 👍



Ways to handle peer pressure

Peer pressure can be positive when friends motivate your middle grader to read a good book or work out. But when he's pressured to do things that *aren't* good for him, he needs to be able to resist. Share these strategies.

Listen to instincts. If your tween is pressured to do something he knows isn't right (shoplifting, bullying), suggest that he ask himself, "Would I want my parents to know?" or "Is this safe (legal, kind)?" If the answer is no, he should listen to his instincts.



Practice responses. Together, brainstorm ways to say no, such as, "No thanks, I'm not into that" or "I don't want to get kicked off the swim team." Also, help your child think of ways to get out of uncomfortable or unsafe situations like being pressured to try alcohol. Agree on a phrase he will use in a call or text to you if he needs a way

out. Example: "Can you put my clothes in the dryer?" That's your cue to pick him up right away. 👍

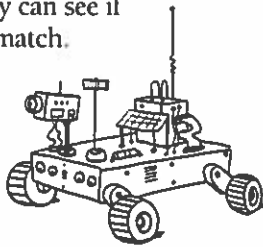


Break into coding

Learning to code will make your child a better logical thinker and problem solver. It could even lead to a career one day. Spark her interest with these suggestions:

■ Can your tween and a friend draw identical pictures without seeing each other's papers? First, each person draws a 10-by-10 grid on her own paper. One person secretly chooses a crayon and draws a shape in any box on her grid. Then, she writes code telling the other person how to copy her drawing (starting in the bottom left-hand corner of her paper). Example: R3 U2 BT = move right three boxes, move up two, draw a blue triangle. Now it's the other person's turn to draw a shape and write code. After a few rounds, they can see if their drawings match.

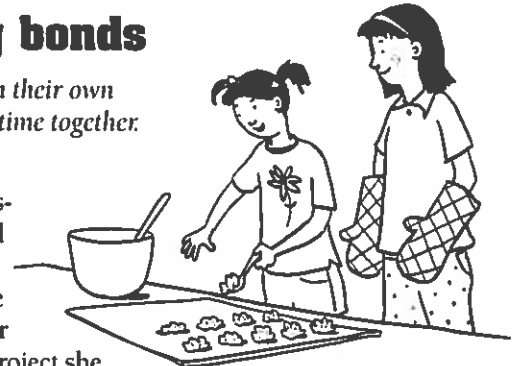
■ Help your middle grader find a computer class or club at school or the public library. Maybe she'll create a mobile app or build a Lego robot. Or she might use coding to make online games at a site like code.org. 👍



Q & A Building sibling bonds

Q My daughters are busy with their own friends and don't spend a lot of time together. How can I help them be closer?

A Suggest that your girls set aside "sister time" on a regular basis. They could take turns deciding what to do. Maybe your older daughter will teach her little sister to bake. Or perhaps your younger one will show her big sister a science project she did in school. They might even find ways to combine their talents or interests—say, by doing food-related science experiments.



Encouraging your daughters to support each other will also strengthen their relationship. Say your younger one is disappointed about not getting invited to a sleep-over. Quietly suggest to your older daughter that it would mean a lot if she comforted her little sister. She might show her funny videos or write a note about why she's a great sister, for instance. 👍

Parent to Parent 'Zines by tweens

My son Brian recently submitted a short story about pet adoption to a teen magazine. That gave him the idea to publish his own 'zine, which he explained is a mini print magazine. He decided to focus on animal welfare and call his 'zine *Paws and Claws*.

In each issue, he highlights an animal in need of adoption. He prints a photo and

description from our local shelter's website and pastes them into his 'zine. The 'zine also features the adventures of his rescue hedgehog. He takes pictures of Hedgie curled into a ball or snuggled up in a blanket and writes funny captions.

Now each month, Brian makes photocopies of his 'zine and mails them to friends and relatives. Sometimes he even gets "fan mail," which motivates him to keep writing. 👍



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
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www.rfconline.com
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